

SEP So Cal 2009 Staff Training in Glendora

Saturday, May 30<sup>th</sup> 9:00a – 3:00p

In attendance:

- |                        |                      |                      |
|------------------------|----------------------|----------------------|
| 1. Barlas, Vonnimae    | 13. Liburd, Al       | 25. Spurgeon, Brian  |
| 2. Carter, Katherine   | 14. Liburd, Virginia | 26. Stapleton, Anne  |
| 3. Dizon, Carmel       | 15. Massimino, Brian | 27. Stapleton, Mark  |
| 4. Garcia, Ana         | 16. McNair, Marie    | 28. Stevens, Fred    |
| 5. Garcia, Nathan      | 17. McNair, Ric      | 29. Stevens, Maryann |
| 6. Gula, Brenda        | 18. Meade, Robert    | 30. Swartz, Jeff     |
| 7. Hamme, Autumn       | 19. Meade, Stacey    | 31. Talley, Nadia    |
| 8. Hamme, Manuel       | 20. Morrison, Janet  | 32. Truman, Alyssa   |
| 9. Hamrick, Scott      | 21. Morrison, Steven | 33. Watson, Richard  |
| 10. Hellscher, Jason   | 22. O'Bryan, Larry   | 34. Weber, Glen      |
| 11. Hellscher, Melinda | 23. Prosapio, Joe    | 35. Wilson, Karen    |
| 12. Lane, Richard      | 24. Spindler, Adam   |                      |

Anne introduced the meeting. Scott opened with prayer.

Mixer activity ~Find a partner-

- Get their name? Where do you live? Have you ever served at a camp before?
- If you could send the campers home with one message, what would it be?

**Messages we would like to send home with the Kids:**

<p>This is what non-sexual love looks like          You are not alone          God is for you          Don't conform to what you see in the world but at SEP          Jesus is real          You're good enough to be loved.          You will make mistakes just make sure you learn from them          Put God first in your life,          With God all things are possible          I want to come back          We love them          Don't take yourself too seriously, embrace yourself.          God loves you!!!          God's love is real and can make a difference in your live.</p>	<p>You can apply all that you learned here at camp          Jesus is the way to eternal life          Remember that God is always with you no matter where you go.          Don't keep the love that God has for you to yourself.          Share with others.          Personal relationship with God          Intimacy- God loves you completely          Don't give up. We won't give up on you.          God is working all things in your life for good          God understands your struggles and you.          Take what you've learned / apply it throughout the year.          Fully embrace this camp experience. It is special!!!          Trust life</p>
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We will probably have about 65-70 staff at camp.

Watched video - "Speaking of Life" Joseph Tkach - Video that he made at camp last year.

Mission and Vision- Page 10 Section 3.1 GenMin Camps of the Generation Ministry Handbook:

*"GenMin camps are of various types: weeklong summer camps held in rural locations and short term camps held at various times of year in both rural and urban settings. Whatever the type, all Gen-Min camps seek to provide "immersive" experiences where campers and staffers are taken out of their regular environments where they are disconnected from much of the 'noise' of everyday life and helped to focus on their relationship with God and with people who seek to devote their lives to God. In these places of refuge and renewal, participants are "baptized" in the life and love of Jesus. This immersive, gospel-focused experience is a catalyst for significant life-change that continues back home."*

What helps to make our camp successful...

Our **Staff is Intentional**

Tangible elements

Unified staff- Using teachable moments

**God's spirit** seems to be moving in the camp.

**God.**

Placing God in the middle of everything.

Mix of physical and spiritual.

We accept the kids and each other other

Expectation that **God is going to do something**

Well structured

Wholesome environment

**Backed in Prayer**

Directors are listening to the holy spirit

We are learning to **listen to the interaction of**

Focus on God

Showing them that **God is in everything.**

Humility among staff- Responsive to each

Camper to Staff ratio is 1:3 which is rare

Working title for the theme for this year:

**OASIS**

Living in the Oasis: "Seeing through the Myth and Mirage"

Oasis and Mirage: Reality vs. Un-Reality

<p><b>Mirage</b> <i>Key phrases:</i></p> <ul style="list-style-type: none"><li>• Refraction (not reflected)</li><li>• Optical Illusion</li><li>• Displaced (image)</li><li>• Giving the appearance of</li><li>• Image of things which are elsewhere</li><li>• False image</li><li>• Determined by the interpretive facilities of human mind</li></ul>	<p><b>Oasis:</b> <i>Key phrases:</i></p> <ul style="list-style-type: none"><li>• Dwelling place</li><li>• Refuge</li><li>• Serenity (amid chaos)</li><li>• Peaceful</li><li>• Pleasant- in contract to surroundings</li><li>• Flourishing</li><li>• Fertile /green vs. (desert or wasteland)</li><li>• Presence of water.</li></ul>
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Mark covered.

**Psalm 84 ~ For the director of music. According to gittith. Of the Sons of Korah. A psalm**

<sup>1</sup> How lovely is your dwelling place, O LORD Almighty!

<sup>2</sup> My soul yearns, even faints, for the courts of the LORD; my heart and my flesh cry out for the living God.

<sup>3</sup> Even the sparrow has found a home, and the swallow a nest for herself, where she may have her young— a place near your altar, O LORD Almighty, my King and my God.

<sup>4</sup> Blessed are those who dwell in your house; they are ever praising you. Selah

<sup>5</sup> Blessed are those whose strength is in you, who have set their hearts on pilgrimage.

<sup>6</sup> As they pass through the Valley of Baca, they make it a place of springs; the autumn rains also cover it with pools.

<sup>7</sup> They go from strength to strength, till each appears before God in Zion.

<sup>8</sup> Hear my prayer, O LORD God Almighty; listen to me, O God of Jacob. Selah

<sup>9</sup> Look upon our shield, O God; look with favor on your anointed one.

<sup>10</sup> Better is one day in your courts than a thousand elsewhere; I would rather be a doorkeeper in the house of my God than dwell in the tents of the wicked.

<sup>11</sup> For the LORD God is a sun and shield; the LORD bestows favor and honor; no good thing does he withhold from those whose walk is blameless.

<sup>12</sup> O LORD Almighty, blessed is the man who trusts in you.

Fred read from the Message version

<sup>5-7</sup> And how blessed all those in whom you live, whose lives become roads you travel;

They wind through lonesome valleys, come upon brooks, discover cool springs and pools brimming with rain!

God-traveled, these roads curve up the mountain, and at the last turn—Zion! God in full view!

Where does the water come from? From the ground. God loves us always. When we sin it clouds our minds from God. When we stop in the middle of the desert in life and ask for the living water to come and be with us. We can have an Oasis in the midst of the desert. Most kids don't want to be scared or live through scary experience. They use whatever they can to distract themselves from the desert. They are always busy, music, tv, friends, internet. How do we teach them their worth? To be in the moment.

#### TEACHABLE MOMENTS:

We and these kids can be a path to the Oasis for others...

This is a trip that you are making with others. You are on this path alone.

The spirit within us helps us have joy and peace during the storm.

**House Keeping Note:** Changing the term SOLO time to something new: Quite time, communion time, SOAK time, OASIS time. We need ideas!

What they are experiencing at camp is not just a fluke. It is real and can be our daily lives. We need to make it clear to them that they can have this. We need to connect them to Jesus, the living waters so they can continue living the ultimate reality. Psalm 78: vs 19. Can God spread a table in the desert. Can he provide for their table? We can show them that God provides the Oasis in the desert.

*Psalm 78:19-20*

<sup>19</sup> They even spoke against God himself, saying, "God can't give us food in the wilderness.

<sup>20</sup> Yes, he can strike a rock so water gushes out, but he can't give his people bread and meat."

*John 7: 37 – 38 ~ **Jesus Promises Living Water***

<sup>37</sup> On the last day, the climax of the festival, Jesus stood and shouted to the crowds, "Anyone who is thirsty may come to me! <sup>38</sup> Anyone who believes in me may come and drink! For the Scriptures declare, 'Rivers of living water will flow from his heart.'" <sup>39</sup> (When he said "living water," he was speaking of the Spirit, who would be given to everyone believing in him. But the Spirit had not yet been given, because Jesus had not yet entered into his glory.)

Life is made up of Seasons, We will all experience pain and sorrow. It's a natural part of life. He restores us. That is the plan. Sometimes these things were done to someone and they had no choice. All these things should bring you hope that God provides healing.

How do we make the transition from book knowledge that we have. We've all heard the stories. How to make the spiritual connection? How can we better show the kids this lesson? Sometimes it's the trials that show us that GOD IS REAL. Accepting this is important. FAITH.

#### TEACHABLE MOMENTS:

Examples of kids treating each other badly. They can draw on God. Physical examples and showing ways that God intercedes. Concrete examples.

In the bible all the people that have gone to the desert to get closer to Him. Offering hope on the mountain, make sure they know what to do. Real life examples, surround yourself with healthy people, find a church home, stand up for things that you know to be true. You can't do this alone!!! You need a support system. Everyone is looking for the Oasis. They may make fun of you but they are looking for the same thing. What you have just found. We can't change them. We can't even change ourselves. It's God work and we are only part of it.

The Oasis is Jesus he is the truth, the river, the way, I AM- It's a location, it's Jesus living in us. Wherever we are and are connected to Jesus we are in the Oasis and we are connected. He is always present and we turn to him. Our sin does not turn God's head from us. When we sin we turn away from God. We make that decision. True authentic relationship with God. Can be in the good or bad times. You can make the effort to draw close to God. Sometimes it just rains and he comes to you. He wants us to desire him. It's not always him raining down on us. He wants us to grow to him. He won't force anyone to love or obey him. When we do choose to turn to him then the floodgates are open to us.

There are SEASONS. The oasis is the relationship. It's always there for us. It is with us at all times. Sometimes we pull away and are disconnected. It's our choice. The Oasis is available to you now. There isn't a big to do list to get to the Oasis. It's our awareness of Jesus being there for us.

This is a hard concept even for adults. Kids get the stories we share. The concrete examples we can show them. It's helps them to see it as real.

This experience is different for everyone

“Testimony of the saints”

Psalm 107: <sup>1</sup> Give thanks to the LORD, for he is good! His faithful love endures forever.

Can we tell the difference between those that are seeking and those that are with the Oasis?

Fruits of the spirit...love joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control

You build on what you said the day before. Keep bringing them back to the practical. Personal example.

Jesus is the water. The spirit flows within us. The Oasis is the life that flows within or grows in us as a result from being with the King. An image of restoration. He is on a mission to redeem the world. When a life is living in accordance with his goal them.. They are a part of that. The Oasis is in us...

Our lives are not in one specific place. We are on a path. It's a journey. The Oasis lets us grow. He will give us strength. Share examples of kids that have faced miraculous things. Help make it real to them.

**Revelation 12: 11-** And they have defeated him by the blood of the Lamb and **by their testimony.**

Jesus was tempted during his life. Those temptations were Mirages and he turned away from them.

*We all have stories. Try and spend some time thinking about how God has worked and provided in your life.*

When the kids don't connect spiritually they run to the mirage.

The mirage is that God isn't around us all the time. Satan is trying to sell that we are alone in this.

They will question the truth, the way, the life

They will say there are multiple truths and ways. Jesus and Our lives and that example can be a strong tie. You may need to let God into our hearts. You may want to keep him out. If you invite Jesus into those deserts. Emotional, monetary, relational, work. When we invite him into the desert it develops into an Oasis.

Nooma Video: You - 015 Rob Bell

You may be the only Jesus that someone knows. You may want you are the gospel. May you be a yes when someone asks has the resurrection has happened.

**LUNCH**

Announcements: Staff Training July 4<sup>th</sup> 12:30 – 8:30 PM Eat Lunch before you arrive.

There is a path that we can hike in that evening. The staff is off that day. We will do pizza for dinner. Scanland Hall for training. Next year we booked a week later. July 11<sup>th</sup>-17<sup>th</sup>

Richard Watson shares a story: You never know how you can change a life at camp. He's done SEP since 1990. Archery gunnery, one camper girl was 20 he had no idea just by her physical appearance. This Lady was mentally and physically handicapped. The Doctors had given her an excuse that said she shouldn't do any physical activities. But she wanted to do archery. He worked with her on holding the bow and arrow. She had trouble even holding the position correctly. On her first try the arrow went three feet. Then six, then 9 then 15 then 30 feet to the target. On the 10<sup>th</sup> arrow she hit the bulls eye and went nuts. She was thrilled. After that she wanted to try everything.

She is the daughter of Richard's current pastor. But he didn't know that. She has won 3 GOLD medals in the Special Olympics. The Pastor was speaking to Richard and told him about his daughter and her successes and the Pastor didn't know that it was Richard was the person that first worked with her. At this point in her life she has won 2 Gold medals in swimming and 1 Gold in Tennis. Up to that point in camp she had been told that she couldn't do it!!!

There are so many stories like this.

#### Staff Expectations:

GenMin manual standards of Excellence for Staff-

#### **See next 2 pages:**

- Appendix 2: Standards of Excellence for camp counselors
- Appendix 3: Standards of Excellence for staff members.

[DON'T BE INTIMIDATED BY THESE LISTS – THESE ARE IDEAL AND THE BAR IS SET HIGH]

## Appendix 2: Standards of excellence for camp counselors

Following are standards used to select and evaluate counselors for Generations Ministries camps.

A Jesus follower known for being...	A team player who helps create a camp environment characterized by...	A shepherd-leader who possesses the following attitudes, skills and related characteristics	A diligent servant-leader who will be consistent and persistent in accomplishing the following tasks during camp
Grace-based	An atmosphere of love	<ul style="list-style-type: none"> <li>• Highly relational: accepting, approachable, humble and teachable</li> <li>• Able to lead, discipline and protect in a spirit of love</li> <li>• Able to foster an atmosphere of grace among campers and staffers</li> <li>• Able to identify the love language of each assigned camper and give attention accordingly</li> </ul>	<ul style="list-style-type: none"> <li>• Care for assigned campers for the entire duration of the camp—be aware at all times of the location and well-being of assigned campers</li> <li>• Cooperate with oversight offered by camp leadership</li> </ul> <p>Take appropriate actions and precautions to ensure safety of campers</p>
Christ-centered	The adoration of Christ	<ul style="list-style-type: none"> <li>• Active worship participant</li> <li>• Embraces and models Jesus' method of ministry</li> <li>• A baptized and growing believer</li> <li>• A life centered in Jesus in an age appropriate way</li> <li>• Able to articulate the Gospel to seekers and assist them through the commitment process</li> </ul>	<ul style="list-style-type: none"> <li>• Be present and worshipfully engaged in all worship events (including chapels)</li> <li>• Assume Christ-patterned disciple-making role by being consistently, actively and lovingly present with assigned campers</li> </ul>
Spirit-formed	Prayerful dependence	<ul style="list-style-type: none"> <li>• Devoted to personal prayer and able to lead others in prayer</li> <li>• Demonstrates whole life stewardship in the non-camp year</li> <li>• Participating in Camp doesn't negatively effect employment, education, or family responsibilities.</li> <li>• A self-starting ministry leader in home church</li> </ul>	<ul style="list-style-type: none"> <li>• Model and lead in personal and group devotions</li> <li>• Practice personal spiritual disciplines during camp week</li> <li>• Be sensitive to the Spirit's lead in dealing with difficult issues and faithfully report those matters to camp leadership</li> </ul>

## Appendix 2: Standards of excellence for camp counselors

Following are standards used to select and evaluate counselors for Generations Ministries camps.

A Jesus follower known for being...	A team player who helps create a camp environment characterized by...	A shepherd-leader who possesses the following attitudes, skills and related characteristics	A diligent servant-leader who will be consistent and persistent in accomplishing the following tasks during camp
Grace-based	An atmosphere of love	<ul style="list-style-type: none"> <li>• Highly relational: accepting, approachable, humble and teachable</li> <li>• Able to lead, discipline and protect in a spirit of love</li> <li>• Able to foster an atmosphere of grace among campers and staffers</li> <li>• Able to identify the love language of each assigned camper and give attention accordingly</li> </ul>	<ul style="list-style-type: none"> <li>• Care for assigned campers for the entire duration of the camp—be aware at all times of the location and well-being of assigned campers</li> <li>• Cooperate with oversight offered by camp leadership</li> <li>Take appropriate actions and precautions to ensure safety of campers</li> </ul>
Christ-centered	The adoration of Christ	<ul style="list-style-type: none"> <li>• Active worship participant</li> <li>• Embraces and models Jesus' method of ministry</li> <li>• A baptized and growing believer</li> <li>• A life centered in Jesus in an age appropriate way</li> <li>• Able to articulate the Gospel to seekers and assist them through the commitment process</li> </ul>	<ul style="list-style-type: none"> <li>• Be present and worshipfully engaged in all worship events (including chapels)</li> <li>• Assume Christ-patterned disciple-making role by being consistently, actively and lovingly present with assigned campers</li> </ul>
Spirit-formed	Prayerful dependence	<ul style="list-style-type: none"> <li>• Devoted to personal prayer and able to lead others in prayer</li> <li>• Demonstrates whole life stewardship in the non-camp year</li> <li>• Participating in Camp doesn't negatively effect employment, education, or family responsibilities.</li> <li>• A self-starting ministry leader in home church</li> </ul>	<ul style="list-style-type: none"> <li>• Model and lead in personal and group devotions</li> <li>• Practice personal spiritual disciplines during camp week</li> <li>• Be sensitive to the Spirit's lead in dealing with difficult issues and faithfully report those matters to camp leadership</li> </ul>

Word-directed	Communication of the Word	<ul style="list-style-type: none"> <li>• Understands Jesus to be the Living Word who is revealed in Scripture</li> <li>• Understands the Bible to be God's written Word</li> <li>• Demonstrates an ability to teach and lead using the Scriptures</li> <li>• Is ministry focused – able to create and use “teachable” moments</li> <li>• Is active in personal spiritual enrichment through the camp process</li> <li>• Is able to respond to camper questions and issues with Scriptural truths</li> </ul>	<ul style="list-style-type: none"> <li>• Conduct debriefs and solo times based on Scripture</li> <li>• Answer questions and offer counsel in ways that are faithful to Scripture</li> <li>• Honor Jesus as Lord and Savior in all Discussions</li> </ul>
Disciple-making	Commitment to contact	<ul style="list-style-type: none"> <li>• Intentionally reaches out to the disconnected and disengaged</li> <li>• Intentionally forms communities of adoration and nurture based on Christ</li> <li>• Listens effectively and discerns where campers are in their spiritual journey</li> <li>• Able to clearly articulate the gospel and share personal testimony</li> <li>• Willing to pour life and energy into the campers</li> <li>• Able to engage in Christ-centered discipling (mentoring) relationships with all assigned campers</li> </ul>	<ul style="list-style-type: none"> <li>• Be a relational discipling maker who, as a ‘friend to sinners’ reaches out actively to lead campers closer to Christ using <b>eternal CPR</b>: <ul style="list-style-type: none"> <li>• <b>Cultivate</b> personal relationships with campers through shared activity</li> <li>• <b>Plant</b> into those relationships a discussion concerning the counselor’s personal faith story</li> <li>• <b>Reap</b> by connecting God’s story (the gospel) directly to the story of the camper’s life</li> </ul> </li> <li>• Identify and mentor potential camp counselors and staffers</li> </ul>
Fellowship-building	A biblical church image	<ul style="list-style-type: none"> <li>• Ability to serve as a small group shepherd as confirmed through meaningful service within a local church</li> <li>• Demonstrated willingness to follow through with all pre-camp requirements in a timely and responsible manner</li> <li>• Sets a tone of cooperation with the camp vision and rules at all times in both supervised and non-supervised settings</li> </ul>	<ul style="list-style-type: none"> <li>• Create and sustain a bonded sense of community in the dorm for the entire duration of the camp</li> <li>• Contribute actively to a sense of community within the larger camp</li> <li>• Be fully responsive to and compliant with camp leadership, activity schedules and camp rules</li> </ul>

## Appendix 3: Standards of excellence for camp staff members

Following are the standards used to select and evaluate Generations Ministries camp staff members (other than counselors—see previous section).

A Jesus follower known for being...	A team player who helps create a camp environment characterized by...	A committed worker who possesses the following attitudes, skills and related characteristics	A diligent servant who will be consistent and persistent in accomplishing the following tasks during camp
Grace-based	An atmosphere of love	<ul style="list-style-type: none"> <li>• Highly relational: accepting, approachable, humble and teachable</li> <li>• Able to serve sacrificially in a spirit of love in a camp setting</li> <li>• Able to foster an atmosphere of grace among campers and staffers</li> </ul>	<ul style="list-style-type: none"> <li>• Places people above programs—emphasizing the building of loving relationships at all levels</li> <li>• Takes appropriate actions and precautions to ensure safety of campers</li> </ul>
Christ-centered	The adoration of Christ	<ul style="list-style-type: none"> <li>• Active worship participant</li> <li>• A baptized and growing believer</li> <li>• A life centered in Jesus in an age appropriate way</li> <li>• Open about their personal commitment to Christ</li> </ul>	<ul style="list-style-type: none"> <li>• Be present and worshipfully engaged in all worship events (including chapels)</li> <li>• Contribute to whatever needs to be done at chapels so that they flow smoothly</li> </ul>
Spirit-formed	Prayerful dependence	<ul style="list-style-type: none"> <li>• Devoted to personal prayer and willing to pray with others</li> <li>• Demonstrates whole life stewardship in the non-camp year</li> <li>• Participating in Camp doesn't negatively effect employment, education, or family responsibilities.</li> </ul>	<ul style="list-style-type: none"> <li>• Participate actively in personal and group devotions</li> <li>• Practice personal spiritual disciplines during camp week</li> </ul>

Word-directed	Communication of the Word	<ul style="list-style-type: none"> <li>• Understands Jesus to be the Living Word who is revealed in Scripture</li> <li>• Understands the Bible to be God's written Word</li> <li>• Demonstrates familiarity with the Bible</li> <li>• Is ministry focused – able to create and use “teachable” moments—including simple and relevant object lessons in their activity that point to Christ</li> <li>• Is active in personal spiritual enrichment through the camp process</li> <li>• Is able to respond to camper questions and issues with Scriptural truths</li> </ul>	<ul style="list-style-type: none"> <li>• Bring personal Bible to all appropriate activities</li> <li>• Support counselor, solo time leaders and debrief leaders as requested</li> <li>• Demonstrate attentiveness in all worship gatherings (including chapels) and model use of chapel participants’ guide</li> <li>• Honor Jesus as Lord and Savior in all Discussions</li> </ul>
Disciple-making	Commitment to contact	<ul style="list-style-type: none"> <li>• Intentionally reaches out to the disconnected and disengaged</li> <li>• Intentionally forms relationships with other staffers and campers rather than focusing only on personal friends</li> <li>• Able to clearly share the basic gospel message including personal testimony</li> </ul>	<ul style="list-style-type: none"> <li>• Cultivate a sense of belonging for campers through activities that promote team building</li> <li>• Intentionally reach out to disconnected and disengaged campers and staffers to give them a sense of belonging</li> <li>• Mentor staff assistants to help train them for future staff positions</li> </ul>
Fellowship-building	A biblical church image	<ul style="list-style-type: none"> <li>• Supportive small group and large group participant in a local church</li> <li>• Demonstrated willingness to follow through with all pre-camp requirements in a timely and responsible manner</li> <li>• Sets a tone of cooperation with the camp vision and rules at all times in both supervised and non-supervised settings</li> </ul>	<ul style="list-style-type: none"> <li>• Contribute actively to a sense of community within the camp by creatively involving all campers in the assigned activity and in other camp interactions</li> <li>• Be fully responsive to and compliant with camp leadership, activity schedules and camp rules</li> </ul>

You have to be able to discipline. **--TIP--** Be strict at first and then loosen up as you can.

We all need to read and agree with the 4 strike policy. We need to explain the strikes to the kids and let them know if they get a strike. We will cover tips and other suggestions up on the main day of training with everyone. This will be reviewed in orientation with staff and students together. Be fair in handing out strikes. Discipline means teaching. No abuse...No yelling... no anger. If you are that point then give yourself a minute.

Love Language- There is a book that goes over those principles. Each person needs a different type.

We need to be very careful about physical touch. There are appropriate ways to touch.

### *The Five Love Languages by Gary Chapman*

#### *Words of Affirmation*

*Mark Twain once said “I can live for two months on a good compliment.” Verbal appreciation speaks powerfully to persons whose primary Love Language is “Words of Affirmation.” Simple statements, such as, “You look great in that suit,” or “You must be the best baker in the world! I love your oatmeal cookies,” are sometimes all a person needs to hear to feel loved.*

*Aside from verbal compliments, another way to communicate through “Words of Affirmation” is to offer encouragement. Here are some examples: reinforcing a difficult decision; calling attention to progress made on a current project; acknowledging a person’s unique perspective on an important topic. If a loved one listens for “Words of Affirmation,” offering encouragement will help him or her to overcome insecurities and develop greater confidence.*

### *Quality Time*

*Quality time is more than mere proximity. It's about focusing all your energy on your mate. A husband watching sports while talking to his wife is NOT quality time. Unless all of your attention is focused on your mate, even an intimate dinner for two can come and go without a minute of quality time being shared.*

*Quality conversation is very important in a healthy relationship. It involves sharing experiences, thoughts, feelings and desires in a friendly, uninterrupted context. A good mate will not only listen, but offer advice and respond to assure their mate they are truly listening. Many mates don't expect you to solve their problems. They need a sympathetic listener.*

*An important aspect of quality conversation is self-revelation. In order for you to communicate with your mate, you must also be in tune with your inner emotions. It is only when you understand your emotions and inner feelings will you then be able to share quality conversation, and quality time with your mate.*

*Quality activities are a very important part of quality time. Many mates feel most loved when they spend physical time together, doing activities that they love to do. Spending time together will bring a couple closer, and, in the years to come, will fill up a memory bank that you can reminisce about in the future.*

*Whether it's sitting on the couch and having a brief conversation or playing together in a tennis league, quality time is a love language that is shared by many. Setting aside focused time with your mate will ensure a happy marriage.*

### *Receiving Gifts*

*Some mates respond well to visual symbols of love. If you speak this love language, you are more likely to treasure any gift as an expression of love and devotion. People who speak this love language often feel that a lack of gifts represents a lack of love from their mate. Luckily, this love language is one of the easiest to learn.*

*If you want to become an effective gift giver, many mates will have to learn to change their attitude about money. If you are naturally a spender, you will have no trouble buying gifts for your mate. However, a person who is used to investing and saving their money may have a tough time adjusting to the concept of spending money as an expression of love. These people must understand that you are investing the money not in gifts, but in deepening your relationship with your mate.*

*The gift of self is an important symbol of love. Sometimes all your mate desires is for someone to be there for them, going through the same trials and experiencing the same things. Your body can become a very powerful physical symbol of love.*

*These gifts need not to come every day, or even every week. They don't even need to cost a lot of money. Free, frequent, expensive, or rare, if your mate relates to the language of receiving gifts, any visible sign of your love will leave them feeling happy and secure in your relationship.*

### *Acts of Service*

*Sometimes simple chores around the house can be an undeniable expression of love. Even simple things like laundry and taking out the trash require some form of planning, time, effort, and energy. Just as Jesus demonstrated when he washed the feet of his disciples, doing humble chores can be a very powerful expression of love and devotion to your mate.*

*Very often, both pairs in a couple will speak to the Acts of Service Language. However, it is very important to understand what acts of service your mate most appreciates. Even though couples are helping each other around the house, couples will still fight because they are unknowingly communicating with each other in two different dialects. For example, a wife may spend her day washing the cars and walking the dog, but if her husband feels that laundry and dishes are a superior necessity, he may feel unloved, despite the fact that his wife did many other chores throughout the day. It is important to learn your mate's dialect and work hard to understand what acts of service will show your love.*

*It is important to do these acts of service out of love and not obligation. A mate who does chores and helps out around the house out of guilt or fear will inevitably not be speaking a language of love, but a language of resentment. It's important to perform these acts out of the kindness of your heart.*

*Demonstrating the acts of service can mean stepping out of the stereotypes. Acts of service require both mates to humble themselves into doing some chores and services that aren't usually expected from their gender. However, these little sacrifices will mean the world to your mate, and will ensure a happy relationship.*

### *Physical Touch*

*Many mates feel the most loved when they receive physical contact from their partner. For a mate who speaks this love language loudly, physical touch can make or break the relationship.*

*Sexual intercourse makes many mates feel secure and loved in a marriage. However, it is only one dialect of physical touch. Many parts of the body are extremely sensitive to stimulation. It is important to discover how your partner not only physically responds but also psychologically responds to these touches.*

*It is important to learn how your mate speaks the physical touch language. Some touches are irritating and uncomfortable for your mate. Take the time to learn the touches your mate likes. They can be big acts, such as back massages or lovemaking, or little acts such as touches on the cheek or a hand on the shoulder. It's important to learn how your mate responds to touch. That is how you will make the most of this love language.*

*All marriages will experience crisis. In these cases, physical touch is very important. In a crisis situation, a hug can communicate an immense amount of love for that person. A person whose primary love language is physical touch would much rather have you hold them and be silent than offer any advice.*

*It is important to remember that this love language is different for everyone. What type of touch makes you feel secure is not necessarily what will make your partner happy. It is important to learn each other's dialects. That way you can make the most of your hugging, kissing, and other physical contacts.*

We must know where the kids are at all times. Do not be alone with a child at any time. Two deep policy.

Your devotion and centered on Jesus life is such critical to bring to camp. We need to lead by our example. Show them our worship. Model love for Christ and worship. Be actively and lovingly present.

Sometimes you are physically tired. **If you need to get away then make arrangements and get away.** We have relief to come and help out. We have camp leaders. Richard and Catherine for SR Staff. Mary Ann and Fred for JR Camp.

Glen is the Chaplain and Mark and Anne are willing to help as well.

Assistant counselors are stuck at their activities so they may not be able to help as they have other roles.

It's hard sometimes to share your heart with others. This takes practice. Sometimes you need to practice praying out loud or in front of others. That's OK. The kids can see you struggle. It teaches them. Be simple. Keep it real.

Devoted in prayer not PERFECT. Show them that you don't have to pray for 20 minutes or use huge words to make your point. You have roles that are important outside of camp. Coming to camp should not hurt those other jobs.

Debrief time is a time to lead a devotion. They will have suggestions for staff. You will need to guide the kids. Not a bad idea to bring books that you like.

We will review how to lead a devotional and meeting or nightly praying time.

All of our activities during the day are leading toward the de-brief at the end of the evening. We shouldn't cram that prayer or meeting time. We are possibly expanding that time. How do you make the most of those most holy moments. Many breakthroughs happen during that time. You want to get to know the kids. Prayer of examine. How did you do it right during the day. What could you have done better. Show them their growth. Sometimes they won't see it. We need to protect that precious evening time.

Finding times to talk to the dorm- suggestions during breaks activities. Some people read passages from books to kick discussions off. Be intentional in your discussions. Be-brief between activities since you are walking and together.

What did you learn... What do you think about... how did it impact you...

Start the day with prayer- invite God into the day .

Don't be afraid to share with the kids things you do to help you stay on path. Maybe a alarm that reminds you to pray.

Prayer beads. It's ok to read the bible in front of others. Allow the bible to speak to you. They will try and ask

questions that aren't related. Were there dinosaurs on the ark? That's not really important. You can admit that you

don't know. Ask the other campers if they know the answers. You can bounce ideas or truths off of each other. Sometimes there isn't one answer. It's most important to get them talking. Find out why they are asking the questions. Why is that important to you? Most of the time it's not the surface question that they ask there is something bigger or deeper that they are searching for. Keep asking them questions. You will learn more about them.

In the de-brief questions will be the questions of the day.

Be Intentional!!! Try and include everyone. Let a Chaplin know so they can be watching out for them as well. They can help. Pour your life into them.. When you see an important moment take it. Be focused on them.

Eternal CPR (Cultivate, Plant, Reap) Your story, God's story and the campers story. When you can relate all three that is powerful stuff.

Bonded sense of community.

Keep the entire camp on your radar. You should be bonded to your dorm as well as the entire camp. Don't do the "we are the best dorm and everyone else is crap" We are all great and should strive to lift each other up.

Question:

Kids respond to competition. Should be have dorm inspections? Dorm chants? Great banana relay?

Have clear point system. Don't choose favorites.

Team building is very important... Lift up someone else to win.

Activity leaders meet in the morning to discuss what they see in the dorms. The reward could be that the good / best dorm get to eat first. Front row in worship.

Make sure everyone can do the activity. Point system. Must be fair. Clean up the dorm. Clean up duty. Points are together as a dorm. Not necessarily individual. Daily rewards. Don't tally up.

No dorm inspections. The counselors should be able to police that aspect. This is an area of respect for each other.

**Video: Chap Clark – Hurts.** *"How to speak so that teens will listen and how to listen so that teens will speak."*

We have abandoned our youth. Our kids have a sub-culture that adults aren't even part of do deal with their pain and hurts. They want to know that they are loved, and that you will listen to them. Sometimes you just want to solve the problem. Try and just listen. You don't have to have the answers. Most of the time someone will come to the answer themselves.

*Communication is the art of being understood and understanding. All words are symbols of a thought. How we engage each other.*

"It's not the words that we say it the ideas behind the words that bring us together." Communion, communication Same root word. Understanding someone's soul. The most intimate human activity is communication. You connect who you are with someone else. Two souls and minds coming together. TRUST must be the bottom line!!!

1. Have a style of compassion- suffering together or with. I care more about you than my agenda
2. Learn how to listen first. Even when we are speaking we need to listen with our eyes, hearts, pay attention to others. You meander through the relationship before you get to the meat.
3. Understand the difference between impact and intent. My intent is what I am concerned about what people get. Our intent doesn't really matter. Our impact is what really conveys the message. Avoid the BUT at the end of the sentence.
4. Seek more to understand than to be understood. Our message and power doesn't need to win. Walk along side of them - seek to understand them. They don't think adults care about them.

## **Handout: From Gen Min Handout.**

### **6.3.1 Help campers learn spiritual Disciplines (practices)**

Some campers have never prayed privately or publicly before. Some have little experience reading the Bible. Some are uncomfortable having a conversation about spiritual matters. Camp seeks to provide an environment where campers begin to see these disciplines as being part of everyday life.

### **6.3.2 Help campers experience and share the joy of knowing Jesus**

As Jesus is encountered and his commands to love and to make disciples are embraced and obeyed, campers will be filled and will leave spiritually energized and encouraged. They will also leave with the ability to help their friends back home find the same source of joy, strength and hope.

### **6.3.3 Help campers live Christ's values**

Are Christians different from non-Christians? The answer is both no and yes. No, because Christians are not cut off from the many hardships, tragedies and sorrows of life. But yes, because Christians share Jesus' life and love, which include Jesus' values. Christians are those who Paul says are "transformed, by the renewing of your minds" (Romans 12:1-2). At camp, we wish to begin to explore *how* Christians are differently minded.

### **6.3.4 Help campers conquer their fears**

Many young people are slaves to their fears. Camp seeks to help ease this crippling burden by providing experiences that are both new and challenging and through which young people are helped to face their fears and learn to rely on God for help. Such transformative experiences have positively impacted all aspects of the lives of many campers.

### **6.3.5 Help campers develop healthy interpersonal relationships**

At camp young people are able to learn to relate to others in new and healthier, Christ-centered ways. First, they learn, perhaps for the first time, that it's 'cool' to talk about God and his purposes for life. Secondly, they learn to feel comfortable in relating with caring adults. It's essential that camp leaders make extra effort to show friendship and love toward the campers—such expressions may be the first time some campers will experience the love of an adult and it will change their lives. Thirdly, they learn to feel comfortable in relating with the opposite sex. Many campers have never learned to relate to the opposite sex in healthy, Christ-honoring ways. Camp seeks to remedy that deficit through modeling and instruction.

### **6.3.6 Help campers learn new skills**

In our 21<sup>st</sup> century culture, many young people grow up mastering computers but being unfamiliar with the great outdoors. Many will never have been in a canoe, sailboat, or even on a softball field before. At camp, a completely new world may be unveiled to them. These new experiences help campers learn to appreciate their bodies and engage in activities that will promote physical health for years to come.

### **What are you most anxious about camp? Or what would help you prepare for camp?**

When the kids start to open up and really start sharing...

De-Brief time. Depth of biblical knowledge. Having the de-brief notes before to help the counselors prepare.

What does discipline in love look like?

Tour of campus for first timers.

Discuss some worst case scenarios and how to handle.

How to share the leadership role. How to get two counselors some planning time to work out the leadership?

## **Communion**